

A fresh approach to storytelling in Manistee and Mason counties...and a bit beyond.

July 28 - Aug. 10, 2021 FRFF Vol III, No. 9 freshwater-reporter.com



Take the Scenic Route Along M-22 Pages 4 and 5 feature many sites you'll encounter as you drive beautiful M-22.



#### We're celebrating our 2nd anniversary with this issue!

Thank you to our readers, contributors, advertisers, donors and subscribers for supporting free community news.

## Countdown to Rosie's relaunch By Brooke EDWARDS

Just before 3 p.m., EDT, on July 30, NASA will send a United Launch Alliance Atlas V rocket into space with Boeing's Starliner spacecraft sitting atop it. Launching from Cape Canaveral, Boeing's second test flight of the uncrewed Starliner will include docking with the International Space Station 24 hours later. If successful, this mission will bring the CST-100 Starliner closer to a goal of ferrying NASA astronauts to the ISS.



Boeing anthropometric test device "Rosie" with Boeing employees at the Starliner factory, Kennedy Space Center, Fla. Photo courtesy of Boeing.

he orbital test flight comes after anthropometric test device named for the earlier crewed flights to the ISS by SpaceX Crew Dragon and this summer's suborbital "space tourism" flights by Virgin Galactic and Blue Origin. Flying solo once again will be Rosie Rocketeer, Boeing's 180-pound

WWII figure Rosie the Riveter. Previously used to test flight conditions on the human body, Rosie will help "maintain the spacecraft's center of gravity," according to Boeing. In addition, sensors will be placed

## A Big Lake and a Small Craft crossing

## With Mark and Lorraine LeMahieu By STEWART A. MCFERRAN

There is a large wilderness area west of Ludington and Manistee. It is called Lake Michigan. Mark and Lorraine LeMahieu recently crossed that wild and watery expanse in their homemade sailboat.



The couple's little green wooden sailboat at the dock. Photo by Lorraine LeMahieu.

They launched their 22-foot wooden boat in Sheboygan, Wisconsin and made landfall in Pentwater, Michigan. Then they turned north for an overnight stop in Ludington Harbor. Lorraine said they walked down Ludington Avenue to the Sportsman's Irish Pub, home of Sporty's World Famous Reuben sandwich.

The next morning the LeMahieus left the safety of the harbor and once again entered the Lake Michigan wilderness. They coasted on the wind in open water along the sandy shore, past Manistee to Arcadia. There, they berthed their little green sailboat at a dock in Veterans Memorial Marina. Due to fog, they stayed an extra day, with ice cream from the Ice House and the words of the Rev. Dr. Ryan Tinetti, pastor of Trinity Lutheran Church, to sustain them. The church is a few blocks from Arcadia Harbor. The ice cream is a few blocks farther.

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## **Events**

Some events may change or be canceled due to weather, schedules or COVID-19. Always call ahead.

Thru Summer Member Art Exhibition

July Free, Oliver Art Center, 132 Coast Guard

30 Rd., Frankfort.

Thru The Artists of Epworth Art Exhibit

July Free. Ludington Area Center for the Arts,

30 107 S. Harrison St., Ludington

Thru Small Works, Big Impact community Aug collage project

28 Sale of 200 6"x6" donated canvases done by local artists to benefit Art Center operations impacted by Covid-19. Finished canvases may be purchased for \$40/ each, Oliver Art Center, 132 Coast Guard Rd., Frankfort.

> Available for purchase online at oliverartcenterfrankfort.org

28 Classic Film Series: "Twister"

10am, \$2, The Voque Theatre, 383 River St., Manistee

28 Live Music at St. Ambrose Cellars with Bill Frary

5:30-8:30pm, free, 841 S. Pioneer Rd.,

28 Summer Music Series with The **Briar Payne Band** 

6-8pm, free, Purchase Pavilion, 301 N. State St., Luther

28 Friends of Ludington State Park **Summer Music Series with Canopy** 

7pm, free, Ludington State Park, Lake Michigan Beach House, 8800 West M-116, Hamlin Township

28 LACA Summer Concert Series with Greg Nagy's Men of Leisure 7-9pm, free. Chicago blues & funk. Waterfront Park, 300 W. William St.,

Ludington

28 Echo Through the Timber. Live music with Jenna Mammina 7-9:15pm, free, donations gladly accepted. Wenger Pavilion, downtown Baldwin

29 Elberta Farmers Market 8am-noon, Waterfront Park, Frankfort

First Person Story and Song "IF You Couldn't Change a Thing, What Wouldn't It Be?"

> by Brian Iler. 10am, free. (45 minutes of comedic irrelevance). Old Kirke Museum 304 Walnut St., Manistee

Music Live in the Plaza with Canopy

5-8PM, free, Legacy Plaza, 112 N. James St., Ludington

29 Todd Reed: 50 Years of Seeing Michigan Through a Lens

5:30pm, free, seating for 200, Ludington Area Center for the Arts, 107 S. Harrison St., Ludington. The debut of this 21-minute documentary is family friendly and open to the public. After the movie, stay for a meet and greet with Team Reed, book signing, and an open bar.

29 Live Music at St. Ambrose Cellars with Wink solo 5:30-8:30pm, free, 841 S. Pioneer Rd., Beulah

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## Community Calendar

Some events may change or be canceled due to weather, schedules or COVID-19. Always call ahead. **Email your August calendar events or press releases by August 1 to:** editor@freshwater-reporter.com. Or snail mail them to: Freshwater Reporter, P.O. Box 188, Manistee, MI, 49660.

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#### JULY

- 29 Live Music with The Wayouts
  7pm, free, Downtown Beulah (not in the park)
- 29 Roots on the River Music Series with Awesome Distraction 7pm, free, Jaycees Riverwalk Bandshell, Memorial Dr., Manistee
- **30-** Downtown Ludington Sidewalk
- 8/1 Sales
- 30 Ludington Farmers Market 3-7pm, N. James St. Legacy Plaza, Ludington
- 30 Portage Lake Yacht Club Open House & History Presentation 12-3pm, free, fun stories and refreshments, 8061 Portage Point Road. For details: 231.889.4739

#### 30 Benzie Bayou: Blues & Zydeco Fundraiser

Luke Winslow-King, Airey B and her Blues Troupe, Jazz North, K. Jones and the Benzie Playboys. 4-11:30pm; \$25/adult in advance (\$30 at the door), \$10 ages 13-18, free for 12 and under. Featuring live & silent auctions, Cajun food vendors, beer, wine, spirits, sodas. Bring beach chairs/blankets for sitting on the grass at Elberta Outdoor Amphitheater, 1120 Furnace St., Elberta. All proceeds benefit Grow Benzie. Event details and tickets available here:

https://mynorthtickets.com/events/bayou-inthe-barn-blues-zydeco-fundraiser-7-30-2021

- 30 Portage Point Resort History Tour 5pm, free, Front Porch of the resort, 8567 Portage Point Drive
- 30 Live Music at St. Ambrose Cellars with Blake Elliott 5:30-8:30pm, free, 841 S. Pioneer Rd., Beulah

#### 30 Live Music at the Brewery with Nate Dill

6-9pm, free, Ludington Bay Brewing Co., 515 S. James St., Ludington

## 30 Live Music at Iron Fish Distillery with the Wayouts

6:30-8:30pm, free, 14234 Dzuibanek Rd., Thompsonville

#### 30 Folk Fridays Performance & Concert Series with Chris Vallillo: Songs of the One-Room School 7pm, free, Lake County Historical Museum

30 Live music at Northern Natural Cider House & Winery with Luke Winslow-King Quartet

grounds, 915 N. Michigan Ave., Baldwin

7-10pm, free, 7220 Chief Road, Kaleva

- 30 Live Music at Portage Point Resort with The Flying Toasters 7-11:59pm, free, 8567 Portage Point Dr., Onekama
- 31 Manistee Farmers Market

9am-12pm, parking lot on the corner of Memorial Dr. and Washington St., Manistee

#### 31 Pine Forest Freedom Market

9am-4pm, free to attend, \$6/space to sell. Crafters, bakers, makers, food trucks, etc. Pine Forest Campground, 10169 M-37, Irons. For more info, call 231.742.6934. Downtown Baldwin

31 Downtown Scottville Farmers Market 10am-2pm, sidewalks of Main St., Scottville

#### 31 Portage Lake Yacht Club Onekama Onefifty Sunfish Invitational

Open fun race for Sunfish sailors. 2-3:30pm, free, Portage Lake. To register to sail, contact the Portage Lake Yacht Club at 231.889.4739 or plyc49675@gmail.com. View the race from Onekama Village Park, 4775 Main St.

31 Live Music at St. Ambrose Cellars with Ted Alan 2:30-5pm, and Delilah DeWylde at 5:30-

8:30pm, free, 841 S. Pioneer Rd., Beulah

- 31 Rhythm & Dunes Concerts: 80's Retro Night with Mega 80's Band 6pm, free, Waterfront Park Pavilion, Ludington
- 31 Live Music at Iron Fish Distillery with McKenzie Rosin 6:30-8:30pm, free, 14234 Dzuibanek Rd., Thompsonville
- 31 Sounds from the Forest. Live music with Greg Nagy's Men of Leisure w/ Jim Alfredson

7-9:15pm, free, donations gladly accepted. Wenger Pavilion, downtown Baldwin

#### 31 Live music at Northern Natural Cider House & Winery with Steve Leaf & Patrick Booth 7-10pm, 7220 Chief Road, Kaleva

31 Live Music at Portage Point Resort with The Flying Toasters 7-11:59pm, free, 8567 Portage Point Dr.,

#### Onekama

S.S. Badger Shoreline Cruise
8:30-11pm, \$42/person, children 4 & under
are free. Cruise will sail rain or shine. Pirates
of Lake Michigan with live music by Road
Less Traveled.

For more info and tickets, go to: ssbadger.com

#### **AUGUST**

- 1 Live Music at Iron Fish Distillery with Chloe Kimes 3:30-5:30pm, free, 14234 Dzuibanek Rd., Thompsonville
- Live Music at St. Ambrose Cellars with Blair Miller
   4-7:30pm, free, 841 S. Pioneer Rd., Beulah

2 Honey Bee Market

1-7pm, free. Numerous arts, crafts, and other goodies for sale by local vendors.
On the grass at St. Ambrose Cellars, 841 S. Pioneer Rd. Beulah

- Yoga in the Barn at Iron Fish Distillery 5:30-6:30pm, 14234 Dzuibanek Rd., Thompsonville
- 2 Live Music at St. Ambrose Cellars with 3&2 5:30-8:30pm, free, 841 S. Pioneer Rd., Beulah
- Live Music at Iron Fish Distillery with Barefoot
   6:30-8:30pm, free, 14234 Dzuibanek Rd.,
- Thompsonville

  Onekama Concerts in the Park with Peter, Paul & Mary Remembered
- Peter, Paul & Mary Remembered
  7pm, free, donations gladly accepted. Village
  Park, Onekama. Rain venue is Onekama
  Community Schools Cafetorium
- 3 Talks, Tunes & Tours: "America in the Age of Hyperglobalization"

by Kevin Christ, Associate Professor of Economics, Rose-Hulman Institute of Technology. 10am, free, Ramsdell Regional Center for the Arts, 101 Maple St., Manistee

3 Live Music at St. Ambrose Cellars with The Feral Cats

5:30-8:30pm, free, 841 S. Pioneer Rd., Beulah

## Manistee Shoreline Showcase Summer Concert Series. Jazzy roots music with the Rodney Whitaker

7-9pm, free. Douglas Park Gazebo at First Street Beech, Manistee. Wind/rain site: Armory Youth Project, 555 First St., Manistee

4 Classic Film Series: "The Pink Panther" (1963)

10am, \$2, The Vogue Theatre, 383 River St., Manistee

4 Live Music at St. Ambrose Cellars with Bill Frary 5:30-8:30pm, free, 841 S. Pioneer Rd., Beulah

Summer Music Series with performer(s) to be determined 6-8pm, free, Purchase Pavilion, 301 N. State St., Luther 4 LACA Summer Concert Series with the Rodney Whitaker Quartet 7-9pm, free. Waterfront Park 300 W. William St., Ludington

Friends of Ludington State Park

Kimes and Band 7pm, free, Ludington State Park, Lake Michigan Beach House, 8800 West M-116, Hamlin Township

**Summer Music Series with Chloe** 

4 Echo Through the Timber. Live pop, jazz, show tunes with Mary Rademacher w/the Mark Kahny

7-9:15pm, free, donations gladly accepted. Wenger Pavilion, downtown Baldwin

5- 47th Annual Western Michigan Old8 Engine & Tractor Show

9am-5pm Thurs-Sat, 9am-2pm Sun, Adults \$6, kids 12 and under free. Special events Saturday/Kids' Day. 700 S. Scottville Rd., Scottville.

For info, go to www.oldengineclub.org

- 5 Elberta Farmers Market 8am-noon, Waterfront Park, Frankfort
- 5 First Person Story and Songs: "50 Years in Journalism" by Donovan Reynolds

10am, free. Old Kirke Museum 304 Walnut St., Manistee

#### 5 Weed the Park

10am-noon, free, Cartier Park, Ludington.
Learn how to identify and manage invasive
plants. AFFEW has teamed up with North
Country CISMA and the Conservation
District to teach you. Wear closed-toe shoes,
long pants and long-sleeved shirts. Bring
gardening gloves if possible. Meet near the
Bark Park off Slagle Rd.

- 5 Live music in Ludington State Park with Chris Kennedy & Eric Michaels 1pm, free, Big Sable Point Lighthouse, 5611 N. Lighthouse Dr., Ludington
- 5 Music Live in the Plaza with Road Less Traveled

5-8PM, free, Legacy Plaza, 112 N. James St., Ludington

5 Live Music at St. Ambrose Cellars with Wink solo 5:30-8:30pm, free, 841 S. Pioneer Rd., Beulah

Roots on the River Music Series with Ben Traverse

7pm, free, Jaycees Riverwalk Bandshell, Memorial Dr., Manistee. Rain location is the 5th Avenue Beach House

- Live Music with May Erlewine7pm, free, Downtown Beulah (not in the park)
- Movies in the Park: "Toy Story 4" 7:30pm, free, Rotary Park, 500 W. Ludington Ave., Ludington. Baby Badger land flotilla rides until movie time (after dusk). Bring lawn chairs.
- 6- Onekama Days
- 9 Auctions, raffles, races, concerts, reunion, car show, demo derbies, parade, magic show, fireworks and more.

For details, go to Onekama.info

#### **6-** Professors of NMU Visual Arts 9/10 Department Art Exhibit

10am-4:30pm Mon-Fri, 10am-4pm Sat, free, Oliver Art Center, 132 Coast Guard Rd., Frankfort. Featuring the work of Taimur Amin Cleary, Brian Kakas, Christine Lenzen, Michael Letts, and Jason Schneider

**6-** Celebrating the Art of Ken Cooper: 9/15 A Fifty Year Retrospective

- 12-5pm Tues-Sat, opening reception 6-8pm Aug. 6, free, Ramsdell Regional Center for the Arts, 101 Maple St., Manistee
- Ludington Farmers Market
  3-7pm, N. James St. Legacy Plaza, Ludington
- 6 Live Music at St. Ambrose Cellars with Jeff Bihlman 5:30-8:30pm, free, 841 S. Pioneer Rd., Beulah

6 Live Music at the Brewery with Fremont John

6-9pm, free, Ludington Bay Brewing Co., 515 S. James St., Ludington

6 Log Cabin Concerts. Folk and bluegrass music with Blue Water Ramblers

7pm, free, donations gladly accepted, Log Cabin Theater at the corner of Walta & Panu Sts., Kaleva. Bring a lawn chair.

- 6 Live music with Deb & the Dynamics 7-10pm, free, Na-Tah-Ka South 6392 W. 76th St., Baldwin
- 6 Live music at Northern Natural Cider House & Winery with King Possum 7-10pm, free, 7220 Chief Road, Kaleva
- 6 Live Music at Portage Point Resort with Grayson Barton on the deck 7-11pm, free, 8567 Portage Point Dr., Onekama
- 7- Copemish Heritage Days

wordpress.com

- Arts and crafts, raffles, car show, kids' bike parade, games, music, races, and more.

  For details, go to https://copemishheritagedays.
- 7 Live Music at St. Ambrose Cellars with Ted Alan 2:30-5pm, and Barefoot at 5:30-8:30pm Free, 841 S. Pioneer Rd., Beulah
- 7 Folk Fridays Performance & Concert Series with Patchouli & Terra Guitarra 7pm, free, Lake County Historical Museum grounds, 915 N. Michigan Ave., Baldwin
- 7 #Runludington 2021 Run the Beach

9am-noon, \$30, online registration closes August 6 at 6pm. James & Loomis Sts., downtown Ludington.

For info go to pureludington.com

7 Manistee Farmers Market 9am-12pm, parking lot on the corner of

Memorial Dr. and Washington St., Manistee

Pine Forest Freedom Market
9am-4pm free to attend \$6/space to sell

- 9am-4pm, free to attend, \$6/space to sell. Crafters, bakers, makers, food trucks, etc. Pine Forest Campground, 10169 M-37, Irons. For more info, call 231.742.6934. Downtown Baldwin
- 7 Downtown Scottville Farmers Market 10am-2pm, sidewalks of Main St., Scottville
- 7 Live Music at Iron Fish Distillery with The Bootstrap Boys 6:30-8:30pm, free, 14234 Dzuibanek Rd., Thompsonville
- Friends of Ludington State Park Summer Music Series with Hicks with Picks 7pm, free, Ludington State Park, Lake

Michigan Beach House, 8800 West M-116, Hamlin Township

7 Sounds from the Forest. Live jazz music with the Rodney Whitaker Quartet 7-9:15pm, free, donations gladly accepted.

7 Live music at Northern Natural Cider House & Winery with Last Gasp Collective

Wenger Pavilion, downtown Baldwin

7-10pm, free, 7220 Chief Road, Kaleva

 Live Music at St. Ambrose Cellars with Keith Scott Blues
 4-7pm, free, 841 S. Pioneer Rd., Beulah

9 Honey Bee Market

1-7pm, free. Numerous arts, crafts, and other goodies for sale by local vendors. On the grass at St. Ambrose Cellars, 841 S. Pioneer Rd. Beulah

Yoga in the Barn at Iron Fish Distillery 5:30-6:30, 14234 Dzuibanek Rd., Thompsonville

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This 500-pound round table is a centerpiece of the furniture museum at Shrine of the Pines. It was formed from a single 700-pound stump and includes several carved-out cubby holes. Photo by Kevin Howell.

## Woodworking wonders at Shrine of the Pines By KEVIN HOWELL

A few miles south of Baldwin, in western Lake County, a gravel drive extends from M-37 several hundred yards to an opening in the pines along the Pere Marquette River.

"Your first time riding up that driveway, your heart opens up as the yard opens up," Layla Nelson-Dumas observed, recalling her first glimpse, "... we fell in love with it."

That feeling from more than 30 years ago brought Nelson-Dumas back to the Shrine of the Pines more than once. Now she manages the 30-acre site, hidden among tall white pine trees and the source of much of this part of Michigan's prosperity during the lumber era.

Past the open yard, trails lead through the woods. They bring solace and a sense of peace to those who wander there.

In the midst of the opening, a log cabin constructed of pine hides the treasures within, some 200 pieces of hand-hewn pine furniture, pine décor and artistic taxidermy displays of native wildlife. It's all the work of Raymond W. Overholzer, a hunting and fishing guide. He and his wife Hortense displayed his pieces for the public to see.

his wife," Nelson-Dumas's mother, Brenda Nelson, said.

Brenda and her husband managed the Brenda still serves on its board of directors and acts as a tour guide.

#### The man

Overholzer was a farmer from Wapakoneta, Ohio. After hearing of Lake County from friends and visiting the area, he and his wife Hortense resettled in 1920 to Marlborough, a Lake County ghost town

When they arrived, logging had taken a serious toll on the towering white pines Overholzer loved. To preserve the trees' past, he began hunting for and collecting unique stumps, roots and branches to make furniture, his way of honoring the trees.

His accumulated pieces outgrew their Marlborough home, so in the 1940s he built a structure near Baldwin to display his work.

"This is a model of a hunting lodge," Brenda explained. "Nobody ever lived here, but he would work on the furniture (here) in the wintertime."

Attached to the museum building is a small dwelling where the Overholzers lived, after a fire claimed their Marlborough home and some of his works. Raymond died at the shrine site in 1952, but Hortense lived another seven years in a small widow's cabin, now a gift shop, on the property.

#### The museum

Entering the museum is an experience. Preserved animals sit on log rafters. Gnarled roots form window frames, decorative furniture, and letters spelling the name of the cabin: Hunter's Rest.

One centerpiece is a round table formed from a stump with carved nooks and

"This picture right here," Brenda told us, "This place has been here since 1941, 80 pointing to a photo of the original stump, years, and it's the dream of one man and "is a 700-pound stump he found. He would go around a five-county area looking for stumps the loggers would leave behind. Now it's 500 pounds, because he cut the shrine before their daughter took over, and stump off with a one-man crosscut saw; it took him three days. Then he put 62 inlays in the rotten places with his secret glue."

> Most of his material came from the Manistee National Forest, and his creations were made with hand tools - without using screws, nails or other metal parts.

> "All the creations were done by hand," Brenda explained. "He never used a power tool; there's also no finish on any of this furniture, no varnish. He would get old sanding belts and ground glass and glue the glass to the belts. He used his own glue recipe, he took that to the grave, and he would sand the furniture with his homemade sanding belts."

> Another centerpiece, though not of wood, is a grand floor-to-ceiling stone fireplace with a hewn white-pine mantelpiece.

Other pieces catch the eye: a revolving gun rack with 39 round white-pine ball

bearings, a rocking chair so balanced that one push sets the rocker going 52 times, a "bootleg" table with hidden compartments for bottles of alcohol (made during Prohibition), bunkbeds of pine and a chandelier of roots — all lovingly and exquisitely made by hand.

For mother and daughter, the decadeslong love affair with Shrine of the Pines began many years ago with a Father's Day

'I was in my early 30s," Nelson-Dumas explained, "and my dad goes, 'For Father's Day I want to go to Shrine of the Pines.'

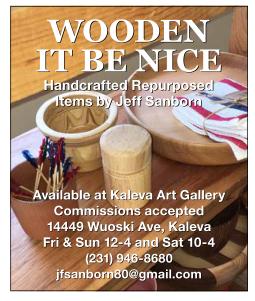
What is that?' I thought. 'Shrine? Religion? What is he talking about?'

"It's in Baldwin; my whole life I've been coming here, since the womb, and I never knew about it, and he says, 'Let's go see

They've been loving it ever since.

As my traveling companion said, as we left the Shrine of the Pines, "This whole

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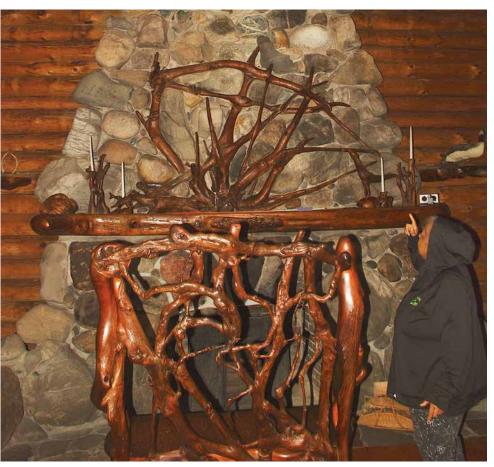


thing is special, just very special."

Volunteer-run Shrine of the Pines is located at 8962 S. M-37. Hours are 11 a.m.-4 p.m., Friday-Monday, from May 15 through September 30, 2021. Adults, \$10; Veterans and Seniors, \$7; Children 5 and up, \$5; Under 5, free; Family (two adults, three children), \$25; Active military, free.

For more, go to: www. the shrine of the pines.com or follow on Facebook @ shrineofthepinesfurnituremuseum. Call the museum: (231)745-7892.

Kevin Howell is a transplanted freelance writer from Indiana residing in Mason County. He loves the Michigan woods, lakes and especially Michigan craft beers — not necessarily in that order! Contact him at kevin@ytci.com.



Tour guide Brenda Nelson describes how the fireplace was built with 70 tons of rock. Photo by Kevin Howell.

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Northwest Michigan's most celebrated scenic highway, M-22, has garnered many awards from tourist associations, chambers of commerce and others. This pleasant drive winds roughly parallel to Lake Michigan. The highway slips easily through small towns and villages, such as Onekama, Arcadia, Frankfort and Empire, before circling the Leelanau Peninsula on its way to Traverse City.

If you look through a list of "must see" it plies its way westward toward attractions, you'll find the Benzie and a channel into Lake Michigan. Leelanau portions of M-22 receive the Townsfolk most attention. Yet, the southern third of events in honor of the village's the highway in Manistee County has its sesquicentennial this year. (See own attractions. Little known points along our Community Calendar of M-22 can be found only a mile or so to the events on pages 1, 2 and 7.) east and west of the highway.

#### Begin at the beginning

North of the City of Manistee lies the Barnard's Handstand Gallery southernmost point of M-22. Start your of original paintings, cards and journey here, at the Little River Casino Resort. Owned and operated by the with specialty coffee drinks, Little River Band of Ottawa Indians, this unique sandwiches and baked destination includes a hotel, convention/ entertainment center, pools, a spa and an imaginative, eclectic mix of several dining options. The tribe's RV repurposed home and garden campground and Trading Post also décor. Hop across M-22 to welcome visitors

Heading north on M-22 about 2.5 for Michigan gifts, artwork, miles, look to your left to see the bright- clothing and more. One door blue Flower Power cut-flower stand of fresh seasonal bouquets. Grown onsite, the colorful blooms brighten any space, including your car. Beyond the stand, a couple of bends in the road point you toward Portage Lake, the most frequently touted site along this portion of the highway. If you love flowers and plants, be sure to stop at Black Cap Nursery (on the east side of the highway) to see blooming native species. Getting thirsty? You're almost to the beloved **Blue Slipper Tavern**. Across the street, MacBeth & Co. stocks housewares, clothing and gifts.

#### Onekama, the "Two Lake Town"

the left, you'll find yourself in the lakefront village of Onekama (pronounced, O-neknecklace. Portage Lake is easy on the eye as veering slightly off the route.

added

In the business district, browse the new Kott'n Pickin' Antiques and Décor, then head to Jamey tees. Refuel at Yellow Dog Café goods. Next door, Patina boasts Anchored Designs Boutique away is Onekama Building Supply, for hardware and fixit items. Finish with ice cream at Papa J's and grab some logo wear at Lakeside Treats and Bait before heading to

the Onekama Village Park to loiter at the water's edge and see the 130-year-old merman fountain.

Around the bend and a bit further up the road is The Glenwood, a casual fine-dining destination. The restaurant is nestled comfortably inside a vintage Portage Lake cottage. Among the diverse menu selections are seafood offerings (almond shrimp!) and desserts. Practically a stone's throw away Following M-22 as it makes a sharp turn to is Glen Springs Mineral Park, on the west end of 4th Avenue. Follow the path to the hut. This is the first of several natural, freea-ma), one of the gems along the M-22 flowing springs a traveler can encounter by





#### **Portage Point**

Less than a mile away is Portage Point Road. Make a left turn here and follow the road as it heads west toward another roadside spring, a fieldstone edifice in the cedars, just past a rustic church retreat known as Little Eden Camp. Fill your water bottle then

continue west to the historic inn at Portage Point Resort. Inside the building is Lahey's Pub/Portage Point Cafe & Pizzeria. Pair craft beer, wines or specialty cocktails with the Herb Crusted Sicilian Pizza, Mid-East Chicken Skewers or sandwiches like the Muffoletta. (Unusual spelling, we know. Just try it!) Take your meal to the covered porch overlooking Portage Lake.

Back in your vehicle, continue heading west, behind the inn. The way gets narrow and curves along the steep side of a sand dune known as **Angel Slide**. (Watch for kids.) Continue to a sharp curve to the right at 2nd Street, which dead ends at a Lake Michigan beach with hundreds of yards of pure sugar sand. Park in the lot, stroll to the channel pierhead and dive off the side, a local tradition.

#### Pierport and parts found

Reverse course and head back to M-22, where a left turn takes you on a northward climb. After several miles, turn right on Potter Road and follow one mile to Erdman Road. Turn left, and a little past the corner on the right is GasolineReFind. This interesting "resale" shop is small and crowded but well organized. The wide variety of "finds" takes time to go through. Owners Lynn and Scott Brown offer entertaining conversation. Even though there is a gasoline pump or two in front, don't expect to fill up ... as has happened from time to time. Learn more on the GasolineReFind Facebook page.

Turning back to Potter Road and to M-22, mystic tunes. turn right (north) and follow for a mile to last a lifetime. 13 Mile Road/County Road 600. Break away

Turn left and follow the curving, downhill route to Pierport. As you approach Lake Michigan, just past Lakeview Road on the left, you'll find another spring of local renown, Old Facefull. It's icy-cold and pure. Crystalline water is a joy to experience. Look for stones on the beach then backtrack to The Flower Farm At Pierport, on the corner of 13 Mile and Gear roads. You can never have too many flowers!

#### The road to Arcadia

Driving back to M-22, your left turn quickly takes you to The South Course at Arcadia Bluffs, on the right. This golfer's delight offers a course design reminiscent of a bygone era, one only experienced today by the fortunate few at exclusive, private golf clubs. You must try it! The restaurant is noteworthy, too, with casual dining, enticing entrees, a full bar and a second-story view of the course.

Just up the highway, again heading north, you'll reach the entrance to Arcadia Bluffs Golf Club. A long drive leads to a panoramic view over the course, with majestic Lake Michigan to the west. Put into play in 1999, the course was designed to emulate authentic Irish links and give the golfer a genuine experience. The restaurant (casual dining again) offers an intriguing menu, and the food is superb. You can enjoy a dessert or cocktail on the deck while watching a Lake Michigan sunset and listening to a bagpiper's haunting, mystic tunes. This is a memory that will last a lifetime.

Break away from this dreamworld and







A cozy community destination for fresh homemade treats, coffees and uniquely delicious sandwiches.

Locally sourced ingredients.

happen to be traveling M-22 on October 2, between 4 p.m. and 10 p.m., then turn left. For one evening only, Pines of Arcadia will open its studio gallery doors. (Look for a driveway marker toward the west end of the road.) Artist and owner Judy Jashinsky will show more than 50 pastel portraits from her ongoing Covid series, 'Nurses and Doctors". You may recognize some faces. After your visit, head back to M-22 and turn left to a twisting, downhill jaunt. Soon Arcadia Lake, a distant church spire, and a wide expanse of marsh open to view. This is Arcadia, and the tiny village is worth investigating. As soon as you drive across the causeway, you'll come to the Arcadia Marsh Nature Preserve, an ongoing project of the Grand Traverse Regional Land Conservancy. The preserve encompasses one of the last Lake Michigan coastal marshes. With about three-quarters of a mile of elevated boardwalk, the marsh hike is a must-do experience.

Nearby is Ketch 22, a newly minted, excellent food truck offering a variety of tasty fare. Just up the highway, Arcadia's Ice House offers some of the best ice cream along the entire M-22 corridor. Buy souvenirs, gifts and clothing at the adjoining Lily Pad Gift Shop. One of the finest opportunities to learn about the local history is found inside the Arcadia Historical Museum at 3340 Lake Street. Housed in a splendid Victorian home, this treasure is well maintained, with regular updates and changes to the displays. No musty atmosphere here! After your visit, continue past the village on M-22, following it up a steep grade. Almost at the top you'll find the famed Arcadia Scenic Turnout, aka Arcadia Overlook and Inspiration Point. Climb, climb, climb up the stairs for the best views of this Long Blue Line of Summer we call the coast of Lake Michigan, and linger awhile.

I urge you to make a reservation to stay overnight in Arcadia. The Pleasant Valley Resort Motel, Arcadia House Bed & Breakfast and Sunset Valley Resort — taught middle school science and math in Onekama until his retirement. He is active with the Arcadia Lions Club.

offer excellent accommodations with interesting hosts and amenities. Tell them, "Milt sent us."



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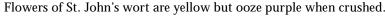
Photos by M. Whitmore, S.A. McFerran and Stinson/Videan.

Milton Whitmore lives in the Arcadia area with his wife Mary Grace and their four-legged canine companion. He taught middle school science and math in Onekama until his retirement. He is active with the Arcadia Lions Club.



## MI BACKYARD







## Sunny St. John's wort

Story and photos by **JENNIFER DEVINE** 

Note: Safely foraging wild plants for home use takes practice. Always go with an experienced forager to learn how to identify plants in the field.

#### Wort: noun for plant, herb and vegetable

Okay, as I write this, it hasn't exactly been summer weather. However, there is a plant we can count on to begin blooming around the solstice. A signal that summer is here!

Staring out my window and longing for the sun to return, not only for my mental health but for my poor drowning plants, I catch glimpses of yellow in a landscape of green and brown. I slip out in-between downpours and walk the 50 feet to a premade clearing affectionately called Deer Field. There's a hunting blind on the far side overlooking patches of Timothy, orchard, Kentucky blue and crab grasses; sweet ferns; Canada frostweeds; orange hawkweeds and more.

But the one I'm here for and drawn to is a perennial shrub known as St. John's wort, Hypericum perforatum. You've probably heard of it and may even have taken the herb as a supplement. This shrub variety is known as an invasive plant, but as I look at the sunshine growing beneath me on this dreary grey day, I want more. You'll find it in fields, gardens, roadsides and even cracks in a parking lot. Especially where it's sunny and the soil is sandy.

Reaching heights of 1-3 feet in sporadic clumped colonies, the plant's leaves are



St. John's wort leaves have pin-sized holes.

oblong and opposite patterned. When held up to the light, you'll spot pin-sized holes. Another identifier is squeezing the yellow bud or emerging 1-inch star-shaped yellow

flower in your fingers and coming away looking like you've just harvested a bunch of mulberries.

To use, pluck leaves and flowers or cut 2-3 inches off the top. You can make oils, tinctures, salves and teas. Find recipes here: https://www.eclecticherb.com/blog//harvesting-and-using-st-johns-wort

St John's wort is an herbal remedy that has been used for hundreds of years to treat mental health problems. Fresh bunches used to be hung outside the door on June 23, the eve of the Feast of Saint John the Baptist, to ward off evil spirits and purify homes. Today, it is mainly used as an over-the-counter remedy to treat mild to moderate depression and sometimes seasonal affective disorder (SAD), mild anxiety, inflammation and sleep problems. Always consult your doctor before ingesting an herbal remedy that may not mix well with a medication you are already taking. (For a list of drug interactions, go to: https://www. mayoclinic.org/drugs-supplements-stjohns-wort/art-20362212.) Also, beware of any skin reactions by testing a small spot 24 hours before applying a salve mixture to cuts, burns and bruises. The salve is said to help with the healing process and



alleviate nerve pain, to name a few of its purported therapeutic properties.

Do you have this wonderful weed growing near you? See it on the side of the road with the other wild weed flowers? Be on the lookout while you're enjoying MI Backyard.

Jennifer Devine is a homesteader living on 20 acres. She and her husband are licensed to sell black cherry, white oak and white pine trees. They live off grid and have chickens, ducks and rabbits, a large garden and a lot of woods. She is helping to grow a farmers market in her small community.

## Build a birdhouse class for kids

From staff reports

LUDINGTON — Sable Dunes Audubon Society members will partner with AFFEW (A Few Friends for the Environment of the World) to offer the children's program, It's All About BIRDS!, 10-11 a.m., Aug. 10, at the U Dig It! Community Garden behind the United Methodist Church, 5810 E. Bryant Road.

Society members will talk about numerous birds spotted near the garden and help kids build birdhouses to attract more.

"We all need a secure home to enhance our lives," Joseph Moloney, of the local Audubon, said. Building a birdhouse is a simple way to have a positive impact on one nesting family of birds. Kids can see that. We can then hope they see the connection to safe housing for all creatures."

The Tuesday session is open to children ages 7-11, and class size is limited to 15. Registration is required by calling MSU

Extension office, 231-845-3361, for a signup form and instructions.

The August class concludes AFFEW's U Dig it! Youth Summer Series: Exploring the Garden and Beyond, for children aged 7-11. During previous sessions, kids learned about native plants, vegetable gardening and making art from the garden. They also participated in a nature scavenger hunt.

The series is a collaboration between AFFEW, MSU Extension and Lakeshore Food Club. Julia Chambers, AFFEW spokesperson, said the partners hope to expand the series next summer.

"We need to educate children about the environment, nature and food," she said.

For more information about the garden or AFFEW, follow them on Facebook @udicgarden or find them online at www.affew.org. Find Sable Dunes Audubon Society online at www.sabledunesaudubon.org



## Community Calendar

continued from page 2

9 Live Music at St. Ambrose Cellars with Stoll Vaughan

5:30-8:30pm, free, 841 S. Pioneer Rd., Beulah

9 Onekama Concerts in the Park with Wally Pleasant

7pm, free, donations gladly accepted. Village Park, Onekama. Rain venue is Onekama Community Schools Cafetorium

- 10- Western Michigan Fair
- 14 Mason County Fairgrounds, Ludington. Featuring animal showings, amusement rides, demo derby & more. For info, call 231.843.8563
- 10 Talks, Tunes & Tours: "My Art: 50 Years and Counting" by Ken Cooper Artist/Educator. 10am, free, Ramsdell Regional Center for the Arts, 101 Maple St., Manistee
- 10 Live Music at St. Ambrose Cellars with Rhett & John on the porch stage 5:30-8:30pm, free, 841 S. Pioneer Rd., Beulah
- 10 Manistee Shoreline Showcase Summer Concert Series

Live big band, pop, jazz, roots music with Planet D Nonet. 7-9pm, free. Douglas Park Gazebo at First Street Beech, Manistee. Wind/rain site: Armory Youth Project, 555 First St., Manistee

11 Classic Film Series: "Swing Time" (1936)

10am, \$2, The Vogue Theatre, 383 River St., Manistee

11 Live Music at St. Ambrose Cellars with Bill Frary

5:30-8:30pm, free, 841 S. Pioneer Rd., Beulah

11 Summer Music Series with the Oak Grove Band

6-8pm, free, Purchase Pavilion, 301 N. State St., Luther

11 LACA Summer Concert Series with Planet D Nonet 7-9pm, free. Waterfront Park 300 W. William

St., Ludington

11 Friends of Ludington State Park
Summer Music & Adventure Series:

Kevin Skipsky Magic Show 7pm, free, Ludington State Park, Lake Michigan Beach House, 8800 West M-116, Hamlin Township 11 Echo Through the Timber. Live blues music with Motor City Josh and the

7-9:15pm, free, donations gladly accepted. Wenger Pavilion, downtown Baldwin

- 12 Elberta Farmers Market 8am-noon, Waterfront Park, Frankfort
- 12 First Person Story and Songs: "Seeing Something New" by Andrew Skinner

from the Ludington Area Center for the Arts. 10am, free, Old Kirke Museum 304 Walnut St., Manistee

12 Music Live in the Plaza with Bret Maynard

5-8PM, free, Legacy Plaza, 112 N. James St., Ludington

12 Roots on the River Music Series with Fremont John

7pm, free, Jaycees Riverwalk Bandshell, Memorial Dr., Manistee. Rain location is the 5th Avenue Beach House

12 Live Music at St. Ambrose Cellars with Luke Woltanski & Dalton Sala – dueling guitars

5:30-8:30pm, free, 841 S. Pioneer Rd., Beulah

2 Movies in the Park: "Frozen 2" 7:30pm, free, Rotary Park, 500 W. Ludington Ave., Ludington. Baby Badger land flotilla rides until movie time (after dusk). Bring lawn chairs.

- 12 Live Music with The Ol' Microtones
  7pm, free, Downtown Beulah (not in the park)
- 13- Hoxeyville Music Festival. Sixteen
- 5 bands/performers in Welston. Headliner Billy Strings!

Adults 16+ \$225, kids 5-15 \$75. Tickets are for the whole weekend. Adult tickets include 1 car/tent campsite for 1 adult (on a first come basis). Covid restrictions required.

For info and tickets, go to hoxeyville.com

- 13 Ludington Farmers Market 3-7pm, N. James St. Legacy Plaza, Ludington
- 13 Live Music at St. Ambrose Cellars with The Lofteez

5:30-8:30pm, free, 841 S. Pioneer Rd., Beulah

13 Live Music at the Brewery with The Wildwoods

> 6-9pm, free, Ludington Bay Brewing Co., 515 S. James St., Ludington

13 Live Music at Iron Fish Distillery with Jabo Bihlman

6:30-8:30pm, free, 14234 Dzuibanek Rd., Thompsonville

13 Folk Fridays Performance & Concert Series with Common Chords 7pm, free, Lake County Historical Museum grounds, 915 N. Michigan Ave., Baldwin

13 Log Cabin Concerts. Acoustic oldtime country, folk and swing music with Drive South and Special guest Mark Schrock

7pm, free, donations gladly accepted, Log Cabin Theater at the corner of Walta & Panu Sts., Kaleva. Bring a lawn chair.

13 Live music at Northern Natural Cider House & Winery with Hawks & Owls Stringband

7-10pm, free, 7220 Chief Road, Kaleva

13 Live Music at Portage Point Resort with John Merchant 7-11pm, free, 8567 Portage Point Dr.,

13 Star Party: Moon and Planetary Viewing

Onekama

9:30pm, free, Fifth Ave. Beach, Manistee. Join NASA/JPL Solar System Ambassador Brooke Edwards in front of the concession pavilion as she guides you to look through her Orion telescope. In case of clouds/inclement weather, the viewing will be Aug. 20

- 14- Gold Coast Artisan Fair
- 15 10am-5pm Sat, 10am-4pm Sun, free, Rotary Park, 100 N. Harrison St., Ludington. Over 170 artists and crafters. Food & drink venders.
- **14** Manistee Farmers Market

9am-12pm, parking lot on the corner of Memorial Dr. and Washington St., Manistee

14 Pine Forest Freedom Market

9am-4pm, free to attend, \$6/space to sell. Crafters, bakers, makers, food trucks, etc. Pine Forest Campground, 10169 M-37, Irons. For more info, call 231.742.6934. Downtown

- 14 Downtown Scottville Farmers Market 10am-2pm, sidewalks of Main St., Scottville
- 14 Live Music at St. Ambrose Cellars with Ted Alan at 2:30-5pm, and Brett Mitchell
  - 5:30-8:30pm, free, 841 S. Pioneer Rd., Beulah
- 14 Live Music at Iron Fish Distillery with Blake Elliott

6:30-8:30pm, free, 14234 Dzuibanek Rd., Thompsonville

14 Friends of Ludington State Park
Summer Music & Adventure Series:
Salt City Dixie Land Band

7pm, free, Ludington State Park, Lake Michigan Beach House, 8800 West M-116, Hamlin Township

14 Sounds from the Forest. Live big band, pop, jazz, roots music with Planet D Nonet

7-9:15pm, free, donations gladly accepted. Wenger Pavilion, downtown Baldwin

14 Live music at Northern Natural Cider House & Winery with The Antivillians 7-10pm, free, 7220 Chief Road, Kaleva

14 Happy Together Tour

8-10pm, \$50-60, Little River Casino, 2700 Orchard Hwy., Manistee. Headlining and hosting are The Turtles (featuring Flo & Eddie), with Gary Puckett & The Union Gap, The Association, Classics IV, The Vogues, and The Cowsills

- 15 Lord of the Gourd Watermelon Carving at St. Ambrose Cellars 1-4pm, free, 841 S. Pioneer Rd., Beulah
- 15 Live Music at Iron Fish Distillery with Pete "Big Dog" Fetters 3:30-5:30pm, free, 14234 Dzuibanek Rd., Thompsonville
- 15 Live Music at St. Ambrose Cellars with Chelsea Marsh 4-7pm, free, 841 S. Pioneer Rd., Beulah

#### SUMMERTIME WORD SEARCH

Created by MARK VIDEAN

Hidden in this puzzle are over 70 words that help define summertime in northern Michigan. Sights, sounds, places, activities, experiences...

See how many you can find!



Find the solution in our Aug. 11 issue

## Lake Michigan

continued from page 1

#### Mark LeMahieu

#### I guess 'fun' and 'difficult' can sometimes be interchangeable when sailing."

Mark bought plans from "Glen-L" to build making up the ballast that keeps Mark and a sailboat called the Amigo. He said he had been dreaming about "building a boat that could sail the Great Lakes." He picked the boat frames in the basement of his house, then moved the project to the garage, with Lorraine's consent. Mark collected 1,775 pounds of lead from various sources, including tire weights. The lead was heated to a molten state then poured into a form, where it hardened into a keel. Once cool, that shapely piece of heavy metal

Mark LeMahieu at the tiller of the "Ali G," the homemade sailboat named for his granddaughter and built with the help of his sons. Photo by Lorraine LeMahieu.



The adventure started years ago when was bolted to the bottom of the Ali-G, Lorraine upright during encounters with waves on Lake Michigan. You can read Mark's account, "Pour Your Own Keel," "Amigo" plan and began constructing the in Boat Builder Magazine, (November/ December 2002).

> The fog lifted and the couple got an early start, leaving Arcadia at first light. As they headed north, they passed Point Betsie on their right and the Manitou Islands on their left in the Manitou Passage. Entering Leland, they found a "transient" boat slip available for the night.

Leland is a designated harbor of refuge for recreational boaters who pass by long stretches of sandy coast. Weather can change quickly, and boaters often find they need to seek shelter. The State of Michigan and the Michigan Waterways Commission require each marina to hold some slips for transient boaters. During much of the boating season (May-September), there are plenty of transient slips available to travelers, but in July and August the demand for slips is high.

Mark and Lorraine rounded the Leelanau Peninsula light (known as the Grand Traverse Lighthouse) and guided their vessel into West Grand Traverse Bay. Once again, they found a berth for their 22-foot wooden boat in Northport Harbor, within walking distance of Barb's Bakery and its famous cinnamon twists.

Sailboats often use automatic helms (called tiller pilots) that steer the boat to a compass course. When I asked Lorraine if Mark had installed a tiller pilot, she said: "He doesn't need one; he has me." Given the distances they covered and the speed they traveled, their manual tiller time was



Mark and Lorraine LeMahieu at Veterans Memorial Marina in Arcadia, Michigan. Photo by S.A. McFerran.

the tiller and steering the boat in the right

As June ended and the Fourth of July loomed, slips became hard to find at other ports within West Grand Traverse Bay. (Boaters can check municipal marinas for slip availability on the Michigan.gov website.) Mark and Lorraine decided to head toward their home in the land of cheese.

It is extremely important to check the weather when planning a journey on the Lake Michigan wilderness. A small boat traveling less than 10 mph can be overtaken by a fast-moving storm on the open lake. As Mark shared, conditions may not always be as forecasted.

"I think the most difficult part of the trip was traveling in fog," he said. "I thought the most fun part was Northport to Frankfort, and Lorraine thought it was the most difficult.

"We had northerly winds stronger than they predicted," he continued. "It was white caps all the way with 6-plus-feet

plentiful. So, the couple took turns holding waves quartering astern. We were one of only a few boats out there all day, and we

> "I guess 'fun' and 'difficult' can sometimes be interchangeable when sailing."

> On their way home, Mark and Lorraine experienced 25 mph winds and large waves on Lake Michigan. This was indeed a wilderness experience for them in their small boat. But as all who have ventured into the wild know, the rewards of tackling such a journey are great.

> All told, the LeMahieus "covered a little more than 350 miles in 11 days" on their most recent journey. In addition, they enjoyed many of the things that were available within walking distance of the harbors on the edge of the Lake Michigan wilderness.

> Stewart McFerran illuminates current environmental issues in a historic context. He hopes readers will gain understanding and insight into ways people interact with the environment.



Starliner in Flight Flip. Photo courtesy of Boeing.

## Rosie

along the four crew seats to assess their stress and motion.

And unlike SpaceX's Crew Dragon, Starliner will not splash down in the ocean upon re-entry. Boeing's spacecraft is set to land in a western U.S. desert.

Though Starliner will deliver more than 400 pounds of needed supplies to Brooke Edwards is Manistee's NASA/ the ISS, the spacecraft will return even more cargo and experiments to Earth.

flight, NASA and Boeing plan to launch @Brooke Edwards-Solar by the end of the year.

the events live on NASA TV. If you rain, the event will be held Aug. 20.

miss the coverage, you'll likely have an opportunity to watch a recording. Be sure to use the hashtag #LaunchAmerica when following the events on social media. NASA previously featured enthusiastic social media posts as part of its live coverage. Imagine your post shared on NASA TV. What an unforgettable experience that would be!

Source: NASA.gov and Boeing.com

JPL Solar System Ambassador. Contact her at brookeofstars@gmail.com and If all goes well with their second test follow area space activities on Facebook Starliner with its first crew of astronauts Ambassador. Weather permitting, the next Stargazing Party is 9:30 p.m., Aug. NASA will livestream the launch 13 outside the pavilion, at Fifth Avenue and return trip on its website and air Beach in Manistee. In case of clouds/



The LeMahieus at anchor near Door County, Wisconsin. Photo by Jenny LeMahieu.



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